



18TH ANNUAL

# COMMUNITY *Wellness Festival*

# Saturday, April 6

8:30—11:30 a.m.

**Collins Center**

6<sup>th</sup> & Fremont, Baldwin City

## Free Health Fair

for the Baldwin City and Baker University Community

*Sponsored by Baldwin City Recreation Commission and Baker University*

### Free health screenings:

Blood Pressure • Posture Check • Body Fat • Bone Density  
Hearing • Vision • Dental • Donate Blood • Car Seat Checks

### Blood draw screenings available through Lawrence Memorial Hospital:

**Total Lipid Profile with a Prostate Specific Antigen Test (PSA for males) and several other blood tests to assess healthy body functions.**

**Blood Draws: 8:00 a.m. — 10:00 a.m.**

Do not eat or drink anything (water and medications are exceptions) after midnight prior to having blood drawn. **Pre-register by March 29** and the lab tests are available for \$30 (\$40 with PSA test). **Register the day** of the festival and lab tests will be \$40 (\$50 with PSA test).

**Savings of \$300 for full profile • Savings of \$400 with PSA included**

**Registration forms for lab test available at:** Baldwin City Recreation Office, Kwik Shop, Baldwin City Market, Auburn Pharmacy and Baker University Student Counseling Center (6<sup>th</sup> and Grove)

**For registration form visit [bakerU.edu/healthfair](http://bakerU.edu/healthfair)**

## Prizes

**two adult & two children's bicycles**

**4 Royals tickets & parking pass**

- **Free bicycle helmets for children** (limited supply)
- **Free T-shirts to the first 200 attendees**
- **Prize drawings every 15 minutes**

### Daniel J. DeAno Memorial 5K Run/Walk

To Benefit Mental Health and Depression Awareness

**Registration: 8 a.m.**

**Start at Collins Center: 8:30 a.m.**

**Entry Fee: \$10** if you preregister at [www.baldwinrec.org](http://www.baldwinrec.org), **\$15** day-of-walk donation suggested

- **T-shirts to all registered participants**
- **Proceeds to support local youth scholarships**

705 High Street | [baldwinrec.org](http://baldwinrec.org)  
785.594.3670

### For more information:

**Matt McClure**

*Director*

*Baldwin City Recreation*

**785.594.3670**